A.P. HILL HEALTH CLINIC INPROCESSING PACKET

Lois E. Wells Health Clinic

Fort A.P. Hill, VA 22427

804-633-8339 DSN 578

September 14, 2016

Need to know information:

- **Walk In Hours:** 0700-1600 Mon-Fri
- **Emergency Services:** 24 hrs, 7 days a week by dialing 8911 from post phone or 804-633-8911 from cell phone. When in doubt contact Range Control FM Freq 32:00/38:50
- **Air Evacuation:** Is activated by Emergency Services/Fire Department only! Patient will be flown to the approiate Trauma Center.
- **Non Emergent Care:** Soldiers unit must be prepared to transport non-urgent soldiers to higher level of care

Need to know information:

- **Dental Services:** Quantico Marine Base, Mon, Tues, Weds, Fri. 0720-1120, 1230-1400. Closed Thurs. Must be screened at AP Hill clinic first.
- **Dental Emergencies: Mary Washington Hospital**
- **Medical Supplies:** Are obtained through your unit.

  - We do not provide hearing protection
- **Regulated Medical Waste:** Will be accepted from any Military unit or organization utilizing Ft AP Hill. However, each container must be accompanied by a description of contents. In addition, all sharps must be separated from other bio-hazard materials

Need to know information:

- **In and Out Processing (After Hours):** Will be done through the Paramedics office located adjacent to the clinic in Building 1655
- **No Weapons are allowed in the clinic**

ARTHROPODS, ANIMALS, AND PLANTS OF MEDICAL IMPORTANCE

OUTLINE

- Purpose
- Medical Threat
  - Arthropods
  - Animals
  - Plants
- Preventive Measures

PURPOSE

- Present information regarding:
  - Local arthropods, plants, and animals of medical significance.
  - Individual preventive measures to promote personal safety and health

THE MEDICAL THREAT

- Arthropods
  - Insects
  - Ticks, Mites, Spiders
- Animals
- Plants

ARTHROPODS-INSECTS

- Mosquitoes
- Bees, Hornets, and Wasps
- Centipedes
- Lice
- Cockroaches

ARTHROPODS-ARACHNIDS

- Ticks
- Chigger mites
- Brown Recluse spiders
- Black Widow spiders

Ticks:

- AP Hill clinic will collect all ticks to send out for testing
- Once tick is removed, place in bag or vial and bring to the clinic
- A tick bite is not an **EMERGENCY, DO NOT CALL 911**

  - See attached sheet for instructions for removal and care

PREVENTION

- Use the DoD Insect Repellent System
- Minimize exposure by avoiding known habitats
- Avoid touching unfamiliar arthropods

REPELLENT SYSTEM

Permethrin on Uniform

+

DEET on Exposed Skin

+

Properly Worn Uniform

=

Maximum Protection

YOU NEED TO KNOW… Dry cleaning removes permethrin from the uniform

PREVENTION

- Carry a bee sting kit if known allergy exists
- Avoid wearing cologne, perfume, and cosmetics with fragrances
- Do not leave containers with standing water
- Shake out boots, clothing, and bedding before use

ANIMALS

- Snakes

  -Call 911(apply light constricting band above and below the wound)
- Rodents
- Skunks
- Raccoons
- Bats
- Birds

PREVENTION

- Avoidance
- Notify Environmental Medicine Assets

(804)-633-8255

PLANTS

- Poison Ivy
- Poison Sumac
- Poison Oak

PREVENTION

- Avoid contact
- Wash skin and clothing if exposed (cold, soapy water to neutralize urishol oil)
- Leader’s should ensure that all soldiers are briefed of the proper wear of the military uniform for the given environment

CONCLUSION

Protecting personnel from environmental health hazards is critical to maintaining operational readiness and individual health both in field and garrison environments.

Best training and support anywhere

Stinging Nettle

DANGER
POISON-IVY
NOVA SCOTIA WEED CONTROL ACT

REFERENCES

- GTA 8-5-47 Poisonous Snakebite Treatment
- GTA 8-5-48 Venomous Arthropods
- GTA 8-5-55 Injurious Plants
- GTA 8-5-56 Tick-Borne Diseases
- USAEHA TG. No. 174
- USAEHA TG. No. 196
- http://www.tdh.state.tx.us/lab/entomology_homed.htm
- http://www.afpmb.org/pubs/misc/ppms%5Finfopaper.pdf